



SCHEDULE HORAIRE

	MONDAY LUNDI	TUESDAY MARDI	WEDNESDAY MERCREDI	THURSDAY JEUDI	FRIDAY VENDREDI	SATURDAY SAMEDI	SUNDAY DIMANCHE
9.00 - 10.00							
10.15 - 11.15						POLE FIT BEGINNER 10.00 - 11.00	
16.30 - 17.30						POLE CONDITIONING 11.15 - 12.15	
17.45 - 18.45	POLE FIT BEGINNER		POLE FIT INTRO	STRETCHING		POLE FIT INTRO 12.30 - 13.30	
19.00 - 20.00	STRETCHING	POLE FIT INTRO	POLE FIT INTERMEDIATE AND ADVANCED	EXOTIC DANCE			
20.15 - 21.15	PRACTICE TIME	POLE COMBO	POLE CONDITIONING	POLE FIT INTRO			